UNIVERSIDAD INTERCONTINENTAL

50 AÑOS uic



Discovering Mexico City:

An Academic and Cultural Program

Generals



- Host: **Universidad Intercontinental.**
- One week program.
- Includes transportation in Mexico City, guided visits, entrance to museums
- Total cost depending of number of students.
- Minimum 10 students.
- This academic and cultural activity is for students of any graduate or undergraduate program since its scope is to know Mexican culture and experience the life in the fifth biggest city in the world, home of 21,918,936 habitants.
- Choice of accommodation according to students' budget at hotel near UIC.
- Plane tickets and meals are paid for directly by the students.

Proposed Program

DAY 1 Arrival and Orientation

Morning: Departure to Mexico City

Afternoon: Arrival at Mexico City International Airport & Check-in at accommodation

Evening: Welcome dinner at hotel and orientation session

Oficina de Internacionalización
international@uic.edu.mx
55 54871300 ext. 1456

DAY 2 A glance of Modern Mexico City



9:30h -11:00h

Visit UIC Campus

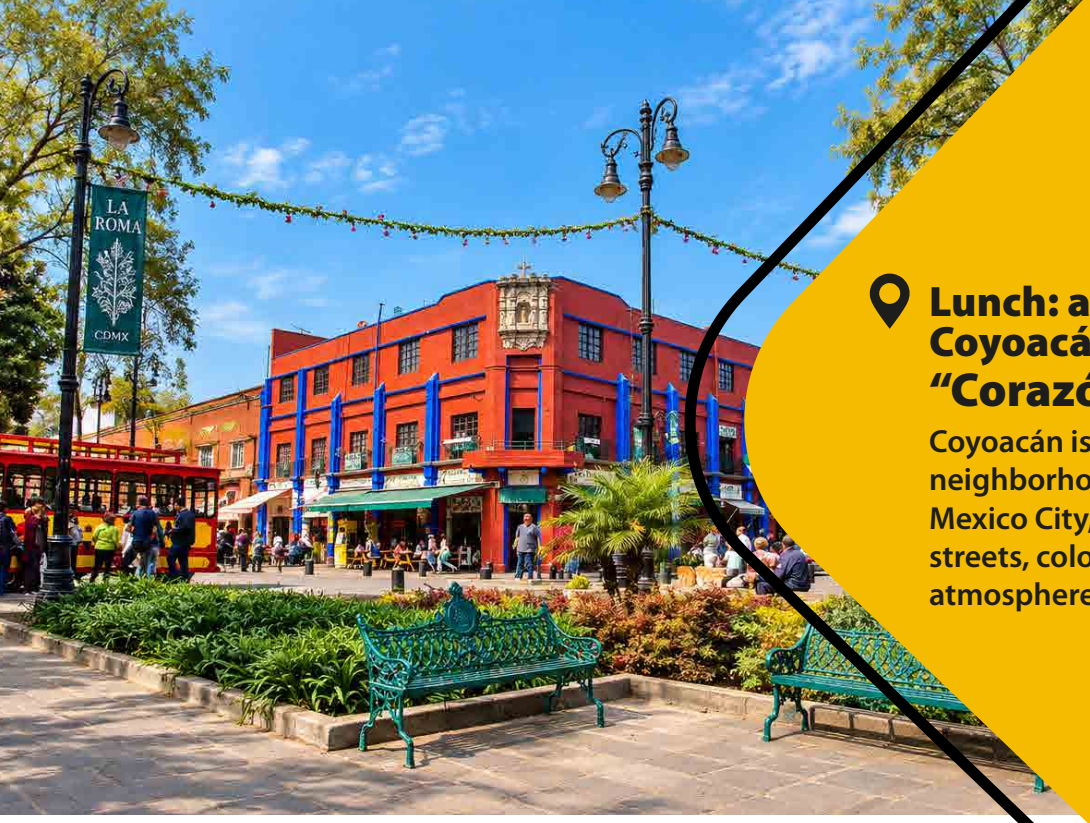
Welcome by UIC students, tour in campus.
This group will accompany visiting students throughout the day.



11:30 h -13:00 h

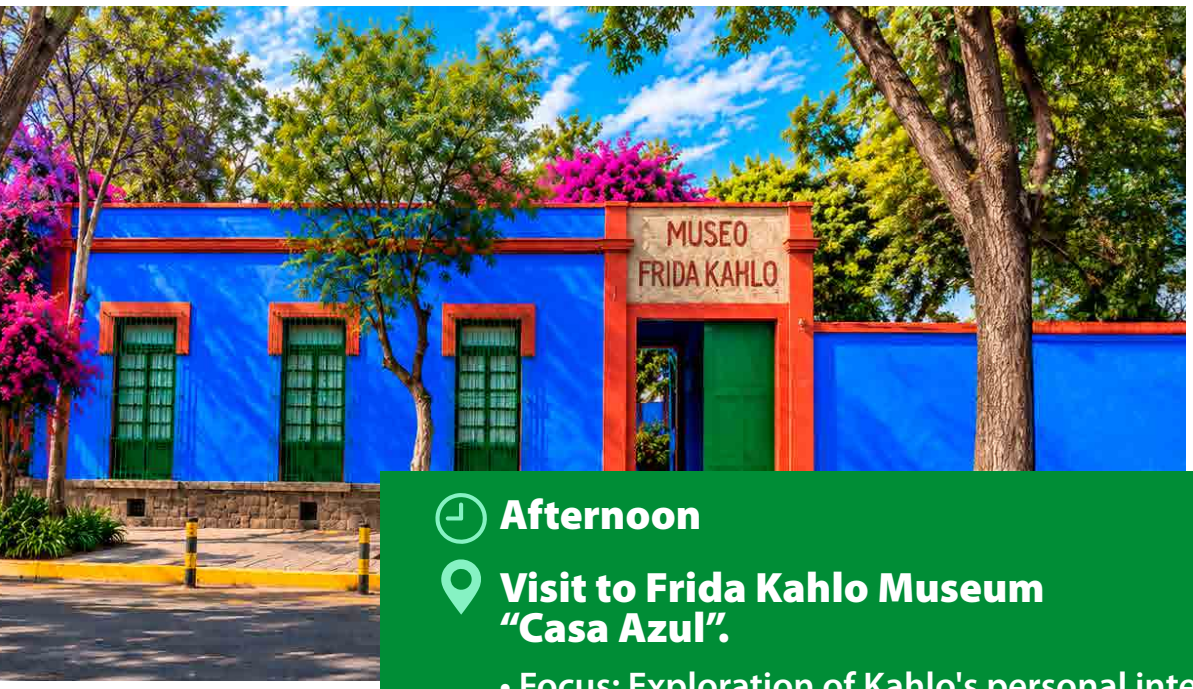
Visit to UNAM Campus

• Focus: Modernist architecture and murals. UNAM if the most important public university in Mexico, it hosts more than 400,000 students and its campus is an important part of the south of Mexico City.



Lunch: at downtown Coyoacán Restaurant “Corazón de Maguey”.

Coyoacán is a historic borough and cultural neighborhood in the southern part of Mexico City, known for its cobblestone streets, colonial architecture, and bohemian atmosphere.



Afternoon

Visit to Frida Kahlo Museum “Casa Azul”.

- Focus: Exploration of Kahlo's personal interior design choices and their cultural significance.
- Buy tickets a month in advance.



Evening

Back to the hotel. Free time for students to explore the area.

Dinner: Free choice.

DAY 3 A glance of Historic Mexico City



Morning

Visit to Zócalo and Metropolitan Cathedral
(downtown Mexico City). Focus on the Colonial architecture and its influence on Mexican design of the historic heart of the city.



Lunch: Restaurant Sanborns La Casa de los Azulejos (downtown Mexico City).



Afternoon

Tour of Palacio de Bellas Artes.

- Focus: Art Nouveau and Art Deco styles
- Dinner: Restaurant Taquería el Califa en Reforma 382
- Back to the hotel
- Evening: Group discussion and reflection

DAY 4

A taste of Mexico's History & some of the best of Mexico City's



Morning

Visit to the National Museum of Anthropology.

- Focus: Understanding the historical context that shapes Mexican art and design.



Lunch: Antara Mall



Afternoon

Soumaya Museum

- Focus: Understanding contemporary architecture and knowing Polanco zone
- Back to the hotel
- Dinner: Free at hotel
- Evening: Group discussion on the day's experiences

DAY 5

Exploring the Art and Design Districts in Mexico City



Morning

Walk through Roma neighborhood

- Focus: Art Deco buildings and modern interior design shops
- Lunch: Condesa Sushi Roll Av. Michoacán



Afternoon

Walk through Condesa neighborhood

- Dinner: Hamburgers
- Back to the hotel
- Evening: Free time for students to explore

DAY 6 Sacred Architecture and Local Markets in Mexico City



Morning

Visit to Basilica of Our Lady of Guadalupe
Focus: Modern religious architecture and its cultural significance



Afternoon

Mercado Roma

- Focus: Local design elements in market architecture and interior spaces
- Lunch: Mercado Roma
- Back to the hotel
- Evening: Dinner and Discussion to wrap-up Mexico City visits

DAY 7

Ancient Mexican Architecture



Morning

Guided tour of the Teotihuacan Pyramids

- Focus: Ancient architectural techniques and cultural significance
- Lunch: Restaurant at Pyramids
- Late Afternoon: Hotel. Prepare for departure.